



The digestive system has two primary functions: to break down the foods we eat into nutrients our bodies can absorb and utilize, and to eliminate the waste we don't need. But in today's busy world, we don't always eat the right foods with the right balance of nutrients to keep everything moving and functioning as it should. Sometimes we need a little extra help to keep our digestive system clean and working optimally. This is where Unicity Aloe Vera comes in.

Unicity Aloe Vera provides a powerful, natural way to gently cleanse your intestines to promote a normal healthy digestive system. It helps give your body the deep cleanse it needs to support digestive regularity and eliminate waste.

## Features

- High-quality aloe vera powder
- Easy-to-take capsules for daily support

## Benefits



Helps promote digestive regularity\*



Supports the gastrointestinal system\*



Helps cleanse the digestive tract\*



Supports the body's natural elimination process\*

## Use

Take one capsule with a full glass (8 oz.) of water once daily.

Not intended for long-term use. Do not take more than one capsule a day.

**NOTICE:** This product contains aloe vera. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain. Aloe vera may worsen these conditions. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

## Ideal For

Those looking for a gentle way to help cleanse the digestive system

Individuals who experience occasional constipation

People wanting to support their gastrointestinal health

## Try This

Use Aloe Vera as a part of Unicity's Cleanse Pack for a complete cleanse of your digestive system.



## Ingredients



**Aloe vera**, or *Aloe barbadensis*, is a thick, short-stemmed plant that stores water in its leaves. The plant's large bladelike leaves are the source of the aloe gel. The outer portion of the leaf, also called the rind, contains a variety of nutrients, including those that help the body cleanse itself. Aloin, a compound found between the rind and gel of the aloe vera plant, is known to stimulate bowel motility (peristaltic action), thus contributing to digestive regularity by increasing bowel movements to help the body eliminate waste.

## UNICITY Aloe Vera FAQs

### Who can take Aloe Vera?

Aloe Vera is intended for healthy adults. Do not take if you are pregnant, breastfeeding, or taking certain medications. Consult your health care provider before taking Aloe Vera if you have a medical condition.

### Does Aloe Vera act as a diuretic or a laxative?

Aloe Vera stimulates a gentle, natural laxative action.

### Can I take Aloe Vera when I have diarrhea?

Since Aloe Vera helps the digestive system eliminate waste, this product should not be taken when you have diarrhea, loose stools, or abdominal pain. Consult your health care provider before taking Aloe Vera if you have frequent diarrhea.

### Can I take Aloe Vera when I'm constipated?

Yes. Aloe Vera helps cleanse the digestive system and can help to eliminate waste.

### Can I take Aloe Vera and Nature's Tea together?

No. Both products have a laxative-like effect, which will be enhanced if taken together.

### Which part of the aloe vera plant is used in Unicity's Aloe Vera?

Unicity's Aloe Vera is formulated from cut aloe vera leaves.

### Can Aloe Vera cause digestive discomfort?

Aloe Vera can cause digestive discomfort for some people. Discontinue use if you have or develop diarrhea, loose stools, or abdominal pain.

### Can I take Aloe Vera outside of the Cleanse Pack?

Aloe Vera can be taken on its own. However, we recommend taking it with the Cleanse Pack for optimal results.

### Do I need to change my diet while taking Aloe Vera?

While you may continue to eat normally while taking Aloe Vera, we recommend a healthy, balanced diet. Also, make sure you are drinking plenty of water—at least 64 oz. (1.9 L) a day.

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\*Note: Maintaining a healthy diet and exercise regimen and getting plenty of sleep will help support a healthy immune system.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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